

ONLINE PREPAY

Go to: www.losal.org
Select Parents tab then *Lunch Menu*

Prepay @ www.k12paymentcenter.com/



Pre-payments can be made Online or to the Cafeteria at your students school for any amount

(As a guide)

Monthly- \$70.00 = 20 Lunches

Weekly- \$17.50 = 5 Lunches

Refunds will only be made if student withdraws from Los Alamitos Unified

Parents:

Track student purchases online
no prepay account required

View Balance & Transaction History
powered by the *School Nutrition Network*

Logon to Food Services Webpage

www.losal.org

Click "Lunch for Students" to learn more

Student Workers

Want a **Free Lunch?**

Come and work for
Food Services during lunch.
See the Cafeteria Supervisor
before school or at break

Griffin Food Services

LAUSD participates in the National School Lunch Program at all school sites and serves approximately 3,000 lunches per day.

Meals, foods and beverages sold or served at Los Alamitos High School meets the State and Federal requirements which are based on the USDA Dietary Guidelines.

A variety of Breakfast items are also sold before school and at the Nutrition time.

If you believe you may qualify for Free or Reduced Lunches, you can complete a meal application.

Applications can be found at the LAHS Activities Office, ANY school cafeteria, at the Food Services Office or online at www.losal.org by selecting *Lunch Menu*.

USDA is an equal Opportunity provider and employer

MENUS SUBJECT TO CHANGE



**LOS ALAMITOS UNIFIED
FOOD SERVICES**

School Cafeteria Supervisor:
KEVIN DENIS
562-799-4700 ext. 82260

*LOS ALAMITOS UNIFIED
FOOD SERVICES*

GRIFFIN MENU

*FEEDING
HUNGRY MINDS*



Los Alamitos High School

Cafeteria- 562-799-4780 x 82260

2015-2016



Los Al Griffins Menu

COMBOS
EASY AS 1-2-3
ALL COMBO MEALS
\$3.50

All Students
USE YOUR PIN -Choose
ANY COMBO
ANY LOCATION

(Free or Reduced Eligible pay at applicable rate)

1. **Pick ONE Entrée**
2. **Pick Sides or Milk**
3. **Enter your PIN & GO!**

Separate
A La Carte Menu

All A La Carte Items meet the
 Federal & California Standards

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BOWL	LOSAL KFC W/ MASHED POTATOES	CHICKEN PAR- MESAN PASTA NACHOS SUPREME	ORANGE CHICKEN	GEN TSO CHICKEN BEEF TERIYAKI DIPPER W/ RICE	SWEET & SPICY BONELESS WINGS CHOWMEIN W/ CHICKEN EGG ROLLS
FEATURED SANDWICH	BBQ PULLED PORK	PHILLY CHEESE STEAK	GRILLED CHICKEN	LOS AL WEST- ERN BACON BURGER	FISH TACOS
SUB/DELI	TURKEY & CHEESE ON CROISSANT	PORK HAM & CHEESE ON CIA- BATA BREAD	TURKEY & CHEESE ON CROISSANT	PORK HAM & CHEESE ON CIA- BATA BREAD	TURKEY & CHEESE ON CROISSANT
WRAP	BUFFALO CHICKEN	GRILLED CHICKEN	CHICKEN CAESAR	BUFFALO CHICKEN	MEDITERRANE- AN CHICKEN
COLD DE- LIGHT	FRUIT -YOGURT & GRANOLA PARFAIT	ORANGE APPLE SMOOTHIE YOGURT W/ BREAKFAST BAR	FRUIT -YOGURT & GRANOLA PARFAIT	ORANGE APPLE SMOOTHIE YOGURT W/ BREAKFAST BAR	FRUIT -YOGURT & GRANOLA PARFAIT
SALADS	CHINESE CHICKEN W/ BREADSTICK	CAESAR SALAD W/ BREADSTICK	CHINESE CHICKEN W/ BREADSTICK	CAESAR SALAD W/ BREADSTICK	CHINESE CHICKEN W/ BREADSTICK
PAPA JOHNS PIZZA	PEPP/CHEESE	PEPP/CHEESE	PEPP/CHEESE	PEPP/CHEESE	PEPP/CHEESE
MEATLESS	SPICY B&C BURRITO	SPICY B&C BURRITO	SPICY B&C BURRITO	SPICY B&C BURRITO	---
DAILY SPE- CIALS	SPICY CHICKEN SANDWICH CHEESEBURGER	CHEESEBURGER	SPICY CHICKEN SANDWICH	TURKEY BURGER ON CIABATTA BREAD	SPICY CHICKEN SANDWICH PHILLY CHEESE STEAK

**ALL STUDENTS MUST TAKE
 A FRUIT OR VEGETABLE
 WITH THEIR MEAL.**

This institution is an equal opportunity
 provider.

LOS AL GRIFFINS

Supervisor: **Kevin Denis**
 Ph: 562-799-4780 x- 82260